



THE COTTAGES AT BRADFORD VILLAGE
300 Enz Drive • Edmond, OK 73034

November Highlights



November 1 is known as Dia de los Meurtos in some parts of the world, All Saints' Day in others. Learn about the differences and shared history of these two celebrations.

On November 2, join a discussion about the history of the Isreal-Palestine



conflict. This program was requested by residents and will focus on the historical context of the conflict; watch online content and discuss available resources to learn more.

At the end of the month, volunteers would be very appreciated to help get the



community ready for the Christmas holidays! Villagio of Bradford Village will also be hosting the annual Open House on November 30 with guests, industry partners, and residents invited to attend.

Celebrate: Bradford Family Thanksgiving



Turkey & trimmings!

Happy Holidays! It's time for the annual Bradford Village Family Thanksgiving Dinner. Residents, friends, & family are invited to attend the Thanksgiving Celebrate on Thursday, November 16th. Cocktails will begin as usual at 4:30pm, with seating for

dinner beginning at 5pm. Residents with a party of 4 or more guests will able to reserve a table to ensure available seating with family & friends. Resident meals are complimentary; guest meals are \$10/person. We're thankful for you and looking forward to celebrating with you and your guests!

Speaker Series: Top 5 Health Habits

As we enter the holiday season, with so many dinners, parties, & treats, it's also important to remember to maintain the healthy habits you've worked on throughout the year! Dietician Lori Manning will visit the community on Friday, November 10 at 10:00am to discuss Top 5 Healthy Habits. She will also answer any questions you have about dietary & nutrition related topics. Mark your calendar to attend this informative speaker event!



Feel good, eat healthy!

Villagio Team

- Eric Legleiter
Executive Director
- Kammi Henry
Dir. Financial Services
- Melissa Patterson
Dir. Bus. Development
- Caitlin Cairns
Dir. Community Life
- Donna Syth
Concierge
- Mike Parikh
Dir. Dining Services
- Mars Smith
Dining Services
- Rhonda Durant
Dining Services
- Shefaly Mondal
Dining Services
- Tamam Al-Ali
Dining Services
- Shane Humphrey
Dir. Maintenance



Happy Birthday

- Glo Rehrig - 12
- Winnie Hall - 14
- Jocile Crocker - 18
- Frances Ray - 18
- Hwa Yun Paddack - 19
- David Ray - 20
- Gary Briney - 22
- Sharon Cutter - 27
- Bill Cather - 29
- Sally Liles - 30
- Robert Drummond - 30
- Staff:
- Donna Syth - 16

Book Club Picks



Read along and join the discussion!

- November:
Lady Clementine by Marie Benedict
- December:
The Bookshop of Secrets by Mollie Rushmeyer





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Everyday Experiences 7:30 - 8:30 Breakfast 11:30 - 12:30 Lunch Gym Available 24/7 Exercise M,T,Th,F				8:15 Eric's Coffee Chat CC 9:30 The Great Courses CW 12:15 Dominoes L 2:00 Culture Club: CW Dia de los Muertos & All Saints' Day	8:30 Exercise w/ UCO CW 2:00 Current Events: CW <i>Israel/Palestine History</i>	8:30 Exercise w/ UCO CW 12:15 A Village Divided CC <i>Annual Bedlam Picture</i> 2:00 Movie Matinee: CW <i>The Wizard of Oz</i> <i>Popcorn & Mint Shakes!</i>	BEDLAM! <i>Game time TBA</i>
3:30 Church Service AL 5	8:30 Exercise w/ UCO CW 10:00 Executive Committee CW 12:30 Bingo CW Weekly Brain Busters CC 6	ELECTION DAY 8:30 Exercise w/ UCO CW 10:15 Men's Coffee CW 10:15 Women's Coffee CC 12:30 Menu Chat CC 1:00 The Bible for Grown-Ups CW 7	9:30 The Great Courses CW 12:15 Dominoes L 2:00 Board Games Party CW <i>Milton Bradley Day</i> 8	8:30 Exercise w/ UCO CW 12:30 First Americans Museum O 4:00 Men's Poker & Games CW 9	8:30 Exercise w/ UCO CW 10:00 Speaker Series: CW Lori Manning, Dietician <i>Top 5 Health Habits</i> 3:30 Movie & Pizza CW <i>Gifted (2017)</i> 10	10-11 Brunch CC <i>Special Guests:</i> <i>Skye Wapskineh & Dancers</i> 11	
3:30 Church Service AL 12	8:30 Exercise w/ UCO CW 12:00 Cottagers' Quarterly Bus. Mtg. CC 12:30 Bingo CW 13	8:30 Exercise w/ UCO CW 10:00 Bradford Book Club L 10:15 Men's Coffee CW 10:15 Women's Coffee CC 12:30 Menu Chat CC 1:00 The Bible for Grown-Ups CW 14	8:15 Eric's Coffee Chat CC 9:30 The Great Courses CW 10:30 Napkin Folding CC <i>Help prep for Celebrate</i> 12:15 Dominoes L 1:00 Walmart O 15	8:30 Exercise w/ UCO CW 4:30 Celebrate: CC Family Thanksgiving <i>Family & friends welcome!</i> <i>4:30 Cocktails</i> <i>5:00 Dinner</i> 16	8:30 Exercise w/ UCO CW 2:00 Crafter's Corner CW <i>Thankful for YOU:</i> <i>Card making</i> 17	18	
3:30 Church Service AL 19	8:30 Exercise w/ UCO CW 12:30 Bingo CW 20	8:30 Exercise w/ UCO CW 10:15 Men's Coffee CW 10:15 Women's Coffee CC 12:30 Menu Chat CC 1:00 The Bible for Grown-Ups CW 21	8:15 Eric's Coffee Chat CC 9:30 The Great Courses CW 12:15 Dominoes L 22	23 Happy Thanksgiving! <i>Staff Offices Closed</i> <i>Dining Room Closed</i>	24 10-11 Brunch CC <i>Staff Offices Closed</i>	25	
3:30 Church Service AL 26	8:30 Exercise w/ UCO CW 12:30 Bingo CW Deck the Halls <i>time/area TBA</i> 27	8:30 Exercise w/ UCO CW 10:15 Men's Coffee CW 10:15 Women's Coffee CC 12:30 Menu Chat CC 1:00 The Bible for Grown-Ups CW 2:00 Walmart O 28	8:15 Eric's Coffee Chat CC 9:30 The Great Courses CW 12:15 Dominoes L 29	8:30 Exercise w/ UCO CW 4-6 Happy Fall-idays! CW Open House 30	LOCATION KEY CC - Community Center - AL - Assisted Living - L - Library - O - Off Campus - CW - Commons West - TBA - To Be Announced -		